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Do I Have to Wear White?
Emily Post Answers America's Top Wedding Questions
by **Anna Post**

BURLINGTON, VT— Planning a wedding can be overwhelming and most couples don't know where to begin. Who throws the engagement party? Who pays for the wedding? What are a guest's financial commitments? Who walks the bride down the aisle the second time around? Who sits at the reception with the bride and groom?

The answers to these questions, and many more, can be found in Anna Post's new book, *Do I Have to Wear White?* (Collins, Jan. 1 2009, \$14.95). There are no absolutes when it comes to planning a wedding, says Anna Post, author and spokesperson for the Emily Post Institute. "The questions and answers in this book speak to the heart of what couples are asking about etiquette today – and the good news is that the answers are there to make their lives easier and their wedding more special."

In its accessible question-and-answer format, *Do I Have to Wear White?* covers all aspects of the wedding process, from announcing the engagement, to the day of the ceremony. Post includes topics relating to guests and family members, making this book invaluable not only to the bride and groom, but also to guests, attendants and family members. Questions include:

- What expenses should we budget for when planning a wedding?
- Is there a way to trim the guest list without hurting feelings?

- Do I have to give a gift on the registry?
- What should be included in a wedding invitation?
- Can I have more than one maid of honor?
- Can I invite my ex-husband's parents to my wedding?
- When do I give my flowers to my maid of honor to hold during the ceremony?
- What's an appropriate toast?
- Is it okay for a bride to wear white if she's been living with her fiancé?

Anna Post is the great-great-granddaughter of Emily Post, and serves as today's foremost authority on modern etiquette, offering fresh ideas about wedding parties and events, informed by tradition, history, and the newest trends. She is the author of *Emily Post's Wedding Parties: Smart Ideas for Stylish Parties, From Engagement to Reception and Everything in Between* (October 2007, Collins). Anna is a columnist for Brides.com, a contributor to the Huffington Post, and blogs at "What Would Emily Post Do?" (annapost.typepad.com), where she addresses topics ranging from green weddings to civil unions, wedding fashion, and even military matrimony. Additionally, she is a regular contributor to *Inside Weddings*, *Vermont Vows*, and *St. Louis Bride*.

Do I Have to Wear White? answers America's top wedding questions, giving definitive answers (that promote proper etiquette) while allowing for the bride and groom to make their wedding day personal and unique. With this comprehensive guide, planning the perfect wedding becomes easy, and most importantly, enjoyable.

About the Author

Anna Post is an author, etiquette expert and business etiquette seminar presenter for The Emily Post Institute, Inc. She also speaks at bridal shows across the country. She is the author of *Emily Post's Wedding Parties: Smart Ideas for Stylish Parties, From Engagement to Reception and Everything in Between* (October 2007, Collins). Her media interviews include *USA Today*, *The New York Times*, the Associated Press, *The Wall Street Journal*, *The Los Angeles Times*, *The Chicago Tribune*, and *Modern Bride* magazine. Anna is also a featured columnist for Brides.com, and contributor to The Huffington Post. Visit her blog: "What Would Emily Post Do?" at <http://annapost.typepad.com/>

About the Book

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